



August

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

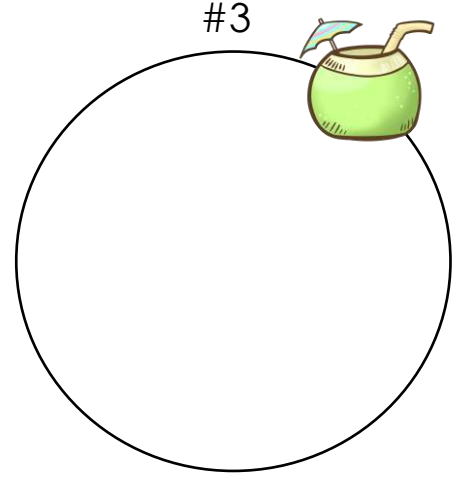
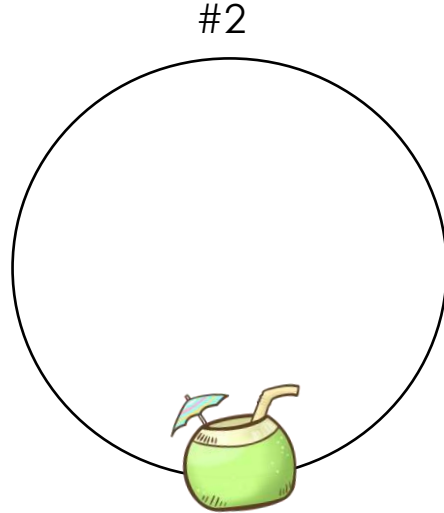
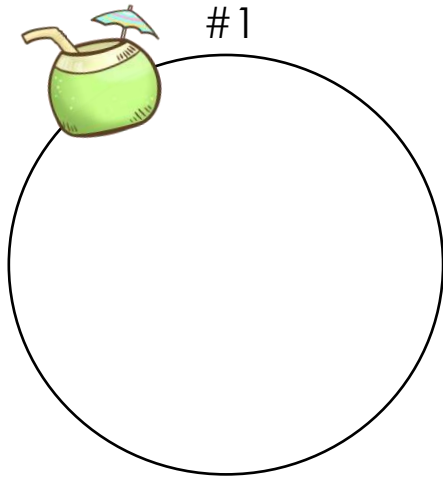
THURSDAY

FRIDAY

SATURDAY



# August Monthly Goals

JAN FEB MAR APR MAY JUN JUL AUG SEP OCT NOV DEC








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NOTES:





# August Weekly Planner

<p>SUNDAY</p> 	<p>MONDAY</p>	<p>TUESDAY</p> 	<p>WEDNESDAY</p> 
<p>THURSDAY</p>	<p>FRIDAY</p> 	<p>SATURDAY</p>	<p>NOTES</p> 

TO DO

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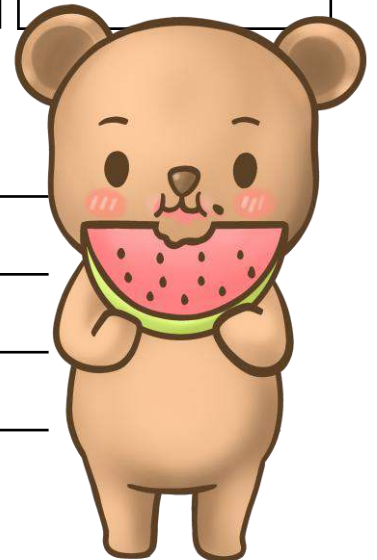


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week of





# August Daily Planner

MY TOP GOALS FOR TODAY

DATE:

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7:00 AM – 9:00 PM

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CALLS – MEETINGS -  
APPOINTMENTS

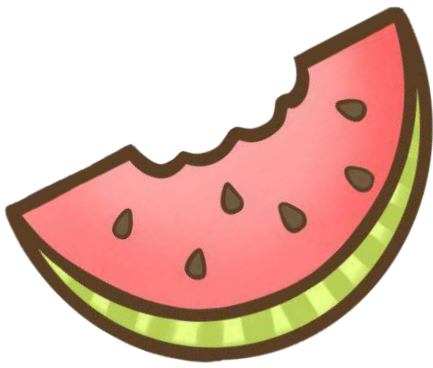
NOTES:



# August Notes







# August Weekly Meal Plan

FOR WEEK OF

	BREAKFAST	LUNCH	DINNER	SNACK
MONDAY				
TUESDAY				
WEDNESDAY				
THURSDAY				
FRIDAY				
SATURDAY				
SUNDAY				



# August Grocery List

FRUITS/VEGETABLES	BREAD/BAKERY	BREAKFAST/CEREAL
DAIRY	REFRIGERATED	FROZEN
MEAT/SEAFOOD	SNACKS	CANNED GOODS/ CONDIMENTS
DRINKS	MISCELLEANOUS	



# August Important Dates



JANUARY	FEBRUARY	MARCH
APRIL	MAY	JUNE
JULY	AUGUST	SEPTEMBER
OCTOBER	NOVEMBER	DECEMBER

