



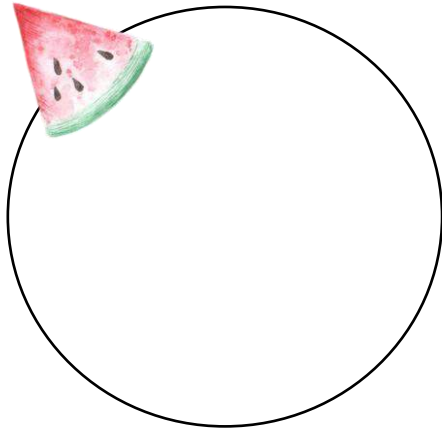
August

SUNDAY MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY SATURDAY

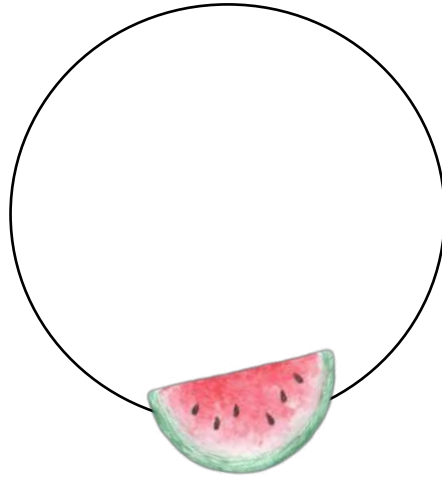
August Monthly Goals

JAN FEB MAR APR MAY JUN JUL AUG SEP OCT NOV DEC

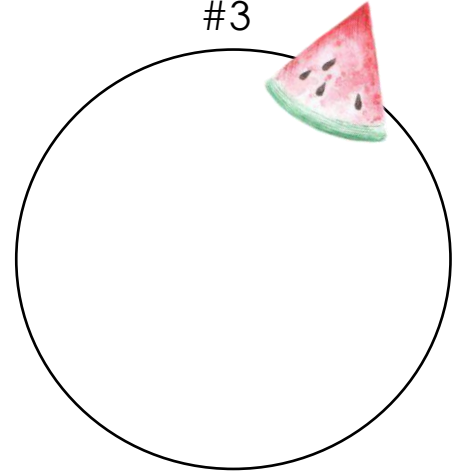
#1



#2



#3



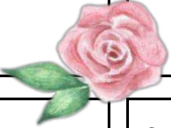




A vertical column of 15 small circles on the left side, each followed by a horizontal line for writing.

NOTES:



August Weekly Planner

SUNDAY 	MONDAY	TUESDAY	WEDNESDAY 
THURSDAY	FRIDAY 	SATURDAY	NOTES  

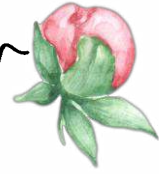
TO DO



week of



August Daily Planner



MY TOP GOALS FOR TODAY

DATE:

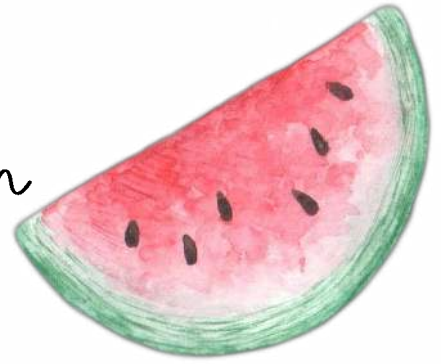
7:00 AM – 9:00 PM

CALLS – MEETINGS -
APPOINTMENTS

NOTES:



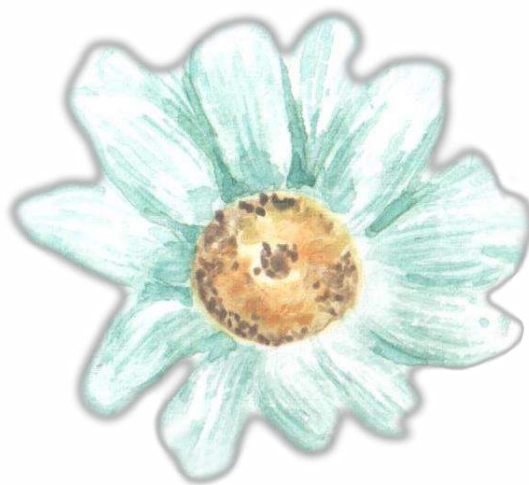
August Weekly Meal Plan



FOR WEEK OF

	BREAKFAST	LUNCH	DINNER	SNACK
MONDAY				
TUESDAY				
WEDNESDAY				
THURSDAY				
FRIDAY				
SATURDAY				
SUNDAY				

August Grocery List



FRUITS/VEGETABLES	BREAD/BAKERY	BREAKFAST/CEREAL
DAIRY	REFRIGERATED	FROZEN
MEAT/SEAFOOD	SNACKS	CANNED GOODS/ CONDIMENTS
DRINKS	MISCELLEANOUS	

August Important Dates



JANUARY	FEBRUARY	MARCH
APRIL	MAY	JUNE
JULY	AUGUST	SEPTEMBER
OCTOBER	NOVEMBER	DECEMBER

