



December

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

December Monthly Goals

JAN FEB MAR APR MAY JUN JUL AUG SEP OCT NOV DEC

#1

#2

#3



A large empty circle for writing the first goal.



A large empty circle for writing the second goal.



A large empty circle for writing the third goal.

A vertical column of 15 small circles on the left side, each followed by a horizontal line for writing notes.

NOTES:

A large rectangular box for writing additional notes.





December Weekly Planner

SUNDAY 	MONDAY 	TUESDAY	WEDNESDAY 
THURSDAY 	FRIDAY	SATURDAY 	NOTES

TO DO

week of





December Daily Planner

MY TOP GOALS FOR TODAY

DATE:

7:00 AM – 9:00 PM

CALLS – MEETINGS -
APPOINTMENTS

NOTES:

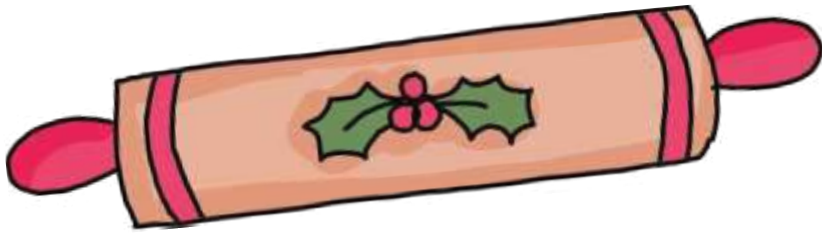




December Weekly Meal Plan

FOR WEEK OF

	BREAKFAST	LUNCH	DINNER	SNACK
MONDAY				
TUESDAY				
WEDNESDAY				
THURSDAY				
FRIDAY				
SATURDAY				
SUNDAY				



December Grocery List

FRUITS/VEGETABLES	BREAD/BAKERY	BREAKFAST/CEREAL
DAIRY	REFRIGERATED	FROZEN
MEAT/SEAFOOD	SNACKS	CANNED GOODS/ CONDIMENTS
DRINKS	MISCELLEANOUS	

December Important Dates



JANUARY	FEBRUARY	MARCH
APRIL	MAY	JUNE
JULY	AUGUST	SEPTEMBER
OCTOBER	December	DECEMBER

